


Soulcraft Healing & Coaching

 soulcrafthealing.com/work-with-me/distance-reiki-healing-remote-reiki-energy/distant-reiki-healing-remote-healing-thank/

Thank you for investing in yourself!

This is what you need to do right now:

1. **Fill out the form below - or write the same details through WhatsApp incl. image and email you ordered with**

Write your information, any intentions you may have, where you'll be located and remember to attach your picture - (add me to WhatsApp with +4541565611)

2. **Read the information below on how to call in the healing**

So you know what and how to do, when I tell you it is done and waiting for you

3. **I will perform your distance healing at the earliest possible time...**

Please allow a few working days.

4. **I will let you know right before I begin to heal you**

Preferably through WhatsApp, otherwise by email.

5. **I will let you know that your distance healing is now done**

If you use WhatsApp, I will record a message to let you know what healing frequencies I used - and if any clairvoyant images/insights are received through the healing.

This does not always happen, but sometimes I receive an image, feeling, sense or other.

6. **Call in the healing following the instructions below the form**

You will receive an email/WhatsApp message from me just before I start, and one more after I have performed your healing

Add me to your WhatsApp with this number:

+4541565611

and I will let you know there instead.

That's it! 😊

Thank you once again, and I look forward to connecting with you through the energies.

If you have any questions to this healing or other of my services, simply reply the the email you received when ordering.

Remember to read the information on how to call in the healing right below here.

With love

Clairre

I.e.: Copenhagen, Denmark - if State is applicable, please note that too

(The email address you used when you ordered)

If you don't fill this out, you'll receive a general all-round healing.



How to call In the healing :

- Wait for the message from me stating that I have performed your healing.
Add me through WhatsApp for ease of contact -> +4541565611.
- Make sure you have at least 25 minutes of undisturbed peace, preferably more.
- Please relax yourself in any way you see fit - could be taking a shower/bath prior, drinking a cup of tea in your favourite place of your favourite cup, lightening incense and/or candles, listening to relaxing music or whatever is your favourite way of relaxing.
- Position yourself comfortably, whether seated or lying down, relax and close your eyes.
- To yourself state *"I am now receiving this healing, that Claire Sommer is providing for me and I choose to allow it to work on all levels"* (or equivalent to this statement) and also set any intention for this healing you have.
- Whether seated or lying down, turn your hands, so your palms face upwards in a receiving position, while resting either on your lap or along your body.
- Relax and let the healing frequencies flow into you.
They are intelligent and will find their way to where they are most needed. Simply allow them in and to work.
Sometimes (but far from always) it can seem that symptoms get a little worse in the time after the healing, before they get better - should this happen just know that this is perfectly normal too (it is called a healing crisis).
- Some will feel my presence, others pressure on difference part of the body,

tingling sensations, emotions that surface, images or swirling colours or geometric patterns before their inner eye and some nothing at all. *All are valid and perfectly normal.*

The healing frequencies are working to the level that you and your higher self let them in (results may vary), no matter which of these, if any, are your experience, and can actually change from time to time.

- After app. +/- 25 minutes (you will likely know when) your healing is complete, and you can get up, drink a glass of cold water - unless you go straight to sleep. Some will feel slightly tired, others energised and so on, it depends on the day and state of your mind and body and what has been healed.

Now go along with your day (or go straight to sleep, if you wish) and be mindful that in the following week emotions, tiredness, happiness, thoughts and other can surface, even some you thought long forgotten.

This too, is perfectly normal, simply ***allow to be, accept and release*** as needed.

Please **remember too up your intake of water**, particularly in the week after your healing, to facilitate the healing and cleansing on all levels.

Thank you for trusting me to support you on your healing journey.